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| **April 2025** | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **31**  **SPRING BREAK**  **No Practice** | **1**  **SPRING BREAK**  **No Practice** | **2**  **SPRING BREAK**  **No Practice** | **3**  **SPRING BREAK**  **No Practice** | **4**  **SPRING BREAK**  **No Practice** | **5** |
| **6** | **7**  **Practice**  **7:00-8:30** | **8**  **Practice**  **7:00-8:30** | **9**  **MEET@LHS 5:45**  **RMS,LSMS,**  **VCMS,DMS,**  **HMS** | **10** | **11**  **Practice**  **7:00-8:30** | **12** |
| **13** | **14**  **Practice**  **7:00-8:30** | **15**  **Practice @ NFHS Track 5:00** | **16** | **17**  **County Meet @WFHS**  **2:30 Field**  **5:00 Running** | **18** | **19** |
| **20** | **21** | **22** | **23** | **24** | **25**  **State Meet @ Parkview HS** | **26**  **State Meet @ Parkview HS** |
| **27** | **28** | **29** | **30**  **End of Season Celebration 4:30-6:00** |  |  |  |